

Hello and welcome back to ReNew: the green VBS!! Today is Day 3 and its our final day to Grow UP and Root DOWN in God's love. Let's say that again with BIG action motions....Its our final day to Grow UP (reach for the sky like a tall oak tree) and Root DOWN (spread out on the ground like the roots of a tall oak tree) in God's love. 🌳

What's the tallest tree you've ever seen? God's creation is so awesome...there are trees SO BIG that a road is built to drive through, WOW!! 🌳

Before we start day 3 lesson, lets have an activity! Everyone's heard of *tug of war*, but have you heard of **Peace Pull**?! Take out your jump rope, each partner holds one end of the rope and begins to lean backwards, with the same weight/force trusting their partner will hold them up...you are trying to *balance* your partner. Try a few times, to see how far you and your partner can lean back!

- Was this easy or difficult to trust your partner?
- How many tries did it take you and your partner to get this right?

Our theme for today is **Growing**...So let's get going...uh I mean *growing*!! 😊

The Parable of the Sower

As you read the Bible story for the third time, use action movements to tell the story...for example, "A sower went out to sow," action movements are "throwing seed."

Again he began to teach beside the Lake. Such a very large crowd gathered around him that he got into a boat on the lake and sat there, while the whole crowd was beside the lake on the land. He began to teach them many things in parables, and in his teaching he said to them: 'Listen! A sower went out to sow. And as he sowed, some seed fell on the path, and the birds came and ate it up. Other seed fell on rocky ground, where it did not have much soil, and it sprang up quickly, since it had no depth of soil. And when the sun rose, it was scorched; and since it had no root, it withered away. Other seed fell among thorns, and the thorns grew up and choked it, and it yielded no grain. Other seed fell into good soil and brought forth grain, growing up and increasing and yielding thirty and sixty and a hundred fold.' And he said, 'Let anyone with ears to hear listen.' Mark 4:1-9

Rocky ground would be hard to grow in, but God's love grows everywhere! Even in you and me. QUICK- run 🏃♀️ to a mirror and open your mouth 😞do you see 👁️ anything growing in there?! Of course not! What do you think it means when we say, "God's love is growing in me." ❤️🌱

Music- Now its time to get our groove on!! Play songs 1 and 12, this time rock out with your best "air instruments!"

As you work through the materials, be sure to talk about these questions:

- What do seeds need to grow?
- What do I need in order to grow?
- God's love is growing in me!



You guessed it...time to get dirty!! Gather supplies for your last seed pot. Remember to care for and love your seedlings as they grow, just like God does for this awesome creation! Before you begin planting **Take Root Seedlings** let's cheer then pray together:

When I say "Re," you say "New!" Re! (New!) Re! (New!)

When I say "Planting," you say "Seeds!" Planting! (Seeds!) Planting! (Seeds!)

When I say "Take," you say "Root!"

Take! (Root) Take! (Root!)

When I say "Grow," you say "Growing!"

Grow! (Growing!) Grow! (Growing!)

God's love is growing in you! Amen!